



## British and Irish Heritage Delegation Leaders

### Important—Please share with your delegation

The British and Irish Heritage program has some unique activities that carry risks your students and their parents/guardians should be aware of. If you have any questions, please ask your area director. These activities include:

- Adventure-based education
- Personal challenges for self-awareness and development
- Rappelling/abseiling down the side of a castle tower or other challenge-by-choice activities
- Teambuilding exercises

### NOTE

We strongly urge you to go over this packet with your delegates and their families at your next orientation meeting.

### Full On Disclosure (attached)

- No waiver is required for this activity, but it is very important that the parent/guardian and the student **read the disclosure**. This activity allows students to build confidence in a highly supervised adventure activity.
- **Special gear:** Be sure to bring comfortable, worn-in athletic shoes.
- If additional copies of this disclosure are needed, you can make photocopies or print them off from the leader website.
- You do not need to carry these disclosures with you on the program.

### Special Requirements for Participation

- Some activities have **mandatory footwear** requirements in order to participate. Please make sure each student packs one pair of old tennis shoes for participating in water activities. These shoes will get fully wet and at times muddy, so please ensure they are old.
- These same activities will require an old shirt and shorts for comfortable participation. These items will get wet and muddy.
- Please have each student pack a lightweight duffel-style bag that can easily be stored in their luggage. Delegates and leaders will participate in a few overnight experiences that will require them to pack for one night in this bag; they will not have access to their luggage for that night.

Thank you for being a leader on the British and Irish Heritage program!





## 'Full On Experience' Disclosure of Risk 2010

During the Full On 'self awareness and personal development day', participants will have the opportunity to personally challenge themselves by participating in adventure and educational based activities.

- In Wales the main activity is rappelling down the side of a restored castle.
- In Assisi, Italy the main activity is rappelling down the side of a restored tower.
- In Methven, New Zealand the main activity is rappelling down the side of a natural cliff
- In Rotorua New Zealand the main activity involves both rappelling and challenge ropes course activities
- In Blue Mountains, Australia the main activity is rappelling down the side of a natural cliff.

Participating in these activities can be dangerous, risky and result in serious consequences if undertaken by inexperienced and/or unqualified people. However when undertaken by trained professionals using industry approved equipment, the amount of real or actual risk is very minimal and manageable, while the "perceived" risk (the risk we think there is) remains high.

One of the great things about 'Adventure Learning' is this perceived risk and the feelings and emotions it evokes can create a very powerful and meaningful learning opportunity, which is why it is included in the Full On Experience .

The staff and management of Full On have taken all practicable steps to identify and minimise potential dangers. For example some of the things we do include;

- Conducting site specific Risk Assessments for all activities
- Following comprehensive Safety Management Plans
- Using competent and trained instructors
- Conducting pre season training and assessment for all instructors to ensure competence with site specific activities and safety procedures
- Conducting Psychological Risk training
- Regularly reviewing all aspects of our Safety Management Plan
- Inviting external safety auditors on site to assess us 'in operation'
- Using only industry checked and approved safety equipment

All participants must follow our instructions and use the provided safety equipment. We reserve the right to withdraw any person who in our opinion is likely to endanger themselves or others. We also reserve the right to cancel activities on the 'Full On Experience' if we become concerned for any reason for your safety or that of any other person.

While we cannot guarantee the absolute safety of participants, we can guarantee that:

- We will have done all we can to be prepared for any possible accident or emergency
- We have in place and follow best practice operational and safety systems and procedures
- We will use only trained, assessed and competent outdoor instructors and guides

Yours faithfully

Paul Nicholson  
Operations Director  
**Full On New Zealand Limited**

